

# ALI'S KITCHEN

## Potato Cornbread is Soft and Delicious

Drizzled with honey or a bit of preserves, it makes for a sweet start to the day

Column and photos by Ali Carter, Wisconsin Potato Growers Auxiliary

This month's recipe is for a slightly sweet, simple cornbread made with potato flakes.

With potato replacing flour that is typically used, you can create a gluten-free bread with a softer

texture and less crumb than traditional cornbread.

My family enjoys a version of this recipe made into muffins and served

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### INGREDIENTS:

#### Potato Cornbread

- 1 cup cornmeal
- 1 cup instant potato flakes
- 1/4 cup sugar
- 4 tsp. baking powder
- 1/2 tsp. salt
- 1 cup milk
- 1/4 cup water (or more if your batter seems too thick)
- 1 egg, beaten
- 1/4 cup butter, melted



alongside chili or soup at the end of a cold Wisconsin winter day.

The potato-flake cornbread is also delicious at breakfast with a cup of hot coffee. Just add a drizzle of honey or a bit of preserves and you have a sweet start to your day!

#### **DIRECTIONS**

Preheat oven to 400 degrees.

Combine everything together in a mixing bowl until dry

ingredients are moistened.

Pour mixed ingredients into an 8-inch square pan or spoon into 12 prepared muffin cups.

Bake for 20 minutes or until the middle of the bread is set and the edges are turning slightly golden.

Serve warm from the oven or store any leftovers in a loosely covered container on the counter.

Enjoy! **BCT**

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